

FREE Program!

Facing Today's Economic Crisis Counseling Group



Program details:

An 8-week, short-term psycho-educational counseling group offered to Chinese-speaking clients who are facing the issues related to the current financial crisis, such as stress, anxiety, and tension in personal life and in relationships. Through these weekly sessions, participants will not only learn how to manage their stress levels, but they will also have the opportunity to share their experiences and concerns with group members, and to support each other, as well as to learn new skills to cope with critical situations in daily life, to improve their relationships, and to deal with job-search and career-related issues.

Time: September – November, 2009

Place: ACCESS, Inc. 2000 Clearview Ave., #205, Doraville, GA 30340

If you have been affected by today's economic crisis, and are facing great uncertainties and stress as a result, you are not alone! Help is available.

A program of ACCESS, Inc. made possible in part by a grant from NAAAP-ATL/Chopstix for Charity Spaces are limited. Call NOW to register!



If you or someone you know is interested in this group program, please contact Chinese Bilingual Counselor Yi-Shi Hsiao at 770-986-0800 for more information. Yi-Shi Hsiao, M.Ed., is a doctoral practicum clinician working at ACCESS, Inc., with special interests in emotional and relational issues and career counseling.